

**DANIEL B. POLATSCH, M.D.**

New York Hand and Wrist  
Center at Lenox Hill  
110 East 59<sup>th</sup> Street, Suite 9A  
New York, NY 10022  
212-434-HAND (4263)

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**ACADEMIC APPOINTMENTS/HOSPITAL AFFILIATIONS**

<b>Co-Director of The New York Hand and Wrist Center of Lenox Hill</b>	03/01/15 to Present
<b>Assistant Professor Department of Orthopaedic Surgery Icahn School of Medicine at Mount Sinai</b>	01/01/14 to 03/01/2015
<b>Assistant Professor Department of Orthopaedic Surgery Albert Einstein College of Medicine</b>	01/01/05 to 12/31/13
<b>Program Director Icahn School of Medicine Orthopedic Hand Fellowship Program at Mount Sinai Beth Israel, <i>New York, NY</i></b>	01/01/14 to 12/31/2014
<b>Program Director Albert Einstein Orthopedic Hand Surgery Fellowship Program at Beth Israel Medical Center, <i>New York, NY</i></b>	01/01/12 to 12/31/13
<b>Associate Fellowship Director Albert Einstein Orthopedic Hand Surgery Fellowship Program at Beth Israel Medical Center, <i>New York, NY</i></b>	01/01/05 to 12/31/11

**BOARD CERTIFICATION**

<b>American Board of Orthopaedic Surgery <i>Chapel Hill, NC</i></b>	July 21, 2005
<b>Recertified</b>	January 1, 2016

**SUBSPECIALTY BOARD CERTIFICATION**

<b>Certificate of Added Qualification in Surgery of the Hand American Board of Orthopaedic Surgery <i>Chapel Hill, NC</i></b>	August 2, 2008
<b>Recertified</b>	January 1, 2016

## POSTGRADUATE TRAINING

**Harvard Hand and Upper Upper-Extremity Fellowship Program** 08/2002 – 08/2003

*Program Director: Barry P. Simmons, M.D.*

*Brigham and Women's Hospital-Massachusetts General Hospital  
Boston, MA*

**Residency, Orthopaedic Surgery** July 1, 1998- June 26, 2002

*Program Director: Joseph D. Zuckerman, MD*

*New York University-The Hospital for Joint Diseases Orthopaedic  
Institute, New York, NY*

**Surgical Internship, General Surgery** 7/1997-98

*Program Director: H Leon Pachter, MD*

*New York University Medical Center, New York, NY*

## EDUCATION

**New York University School of Medicine, New York, NY** 9/93-6/97

*M.D. with honors*

**The University of Michigan, Ann Arbor, MI** 1989-93

*Bachelor of Science, Psychology*

## HONORS AND AWARDS

**New York Magazine's Best Doctors** 2014

**New York Magazine's Best Doctors** 2013

**Castle Connolly Top Doctors** 2015

**Castle Connolly Top Doctors** 2014

**Castle Connolly Top Doctors** 2013

**Castle Connolly Top Doctors** 2012

**New York Times Best Doctors – "Super Doctors™"** 2015

**New York Times Best Doctors – "Super Doctors™"** 2014

**New York Times Best Doctors – "Super Doctors™"** 2013

**New York Times Best Doctors – "Super Doctors™"** 2012

**New York Times Best Doctors – "Super Doctors™"** 2011

**New York Times Best Doctors – "Super Doctors™"** 2010

**Patients Choice Award, Vitals.com** 2009-15

**Patients Choice 5<sup>th</sup> Anniversary Award, Vitals.com** 2013

**Top Ten Doctors, Vitals.com** 2014

**Compassionate Doctor Recognition Award, Vitals.com** 2009-15

**Administrative Chief Resident**

*NYU-Hospital for Joint Diseases Residency Program* 2001-02

*New York, NY*

**Alpha Omega Alpha Honor Society** 1995

<i>New York University School of Medicine, New York, NY</i>	
<b>Independent Study Research Honors</b>	1994
<i>New York University School of Medicine, New York, NY</i>	
<b>Bachelor of Science with Distinction</b>	1993
<i>The University of Michigan, Ann Arbor, MI</i>	
<b>Class Honors for Superior Scholastic Performance in Consecutive Semesters</b>	1993
<i>The University of Michigan, Ann Arbor, MI</i>	1992
	1990

#### PROFESSIONAL MEMBERSHIPS:

<b>International Wrist Investigators Workshop</b>	2011-Present
<b>Orthopedics, Editorial Review Board</b>	2012-Present
<b>American Journal of Orthopaedics, Editorial Review Board</b>	2006-Present
<b>New York Society for Surgery of the Hand</b>	2006-Present
<b>American Society for Surgery of the Hand</b>	2005-Present
<b>American Academy of Orthopaedic Surgeons</b>	2005-Present

#### PUBLICATIONS:

1. Dorring AC, Hageman MG, Mulder FJ Guitton TG, Ring D, Polatsch DB\*. Trigger Finger: Assessment of Surgeon and Patient Preferences and Priorities for Decision Making. J Hand Surg Am. 2014 Oct 3. pii: S0363-5023(14)01152-6.
2. Hageman MG, Kinaci A, Ju K, Guitton TG, Mudgal CS, Ring D, Polatsch DB\*. Carpal Tunnel Syndrome: Assessment of surgeon and patient preferences and priorities for decision making. J Hand Surg Am. 2014 Sep;39(9):1799-1804.
3. Tosti R, Ilyas AM, Mellema JJ, Guitton TG, Ring D, Polatsch DB\*. Interobserver variability in the treatment of little finger metacarpal neck fractures. J Hand Surg Am. 2014 Sep;39(9):1722-7.
4. Melamed E. Polatsch DB. Simulated distal interphalangeal joint fusion of the index and long fingers in 0 and 20° of flexion: A comparison of grip strength and dexterity. J Hand Surg Am. 2014 Oct;39(10):1986-91.
5. Bruinsma WE, Guitton TG, Ring D, Polatsch D\*. Radiographic loss of contact between radial head fractures fragments is moderately reliable. Clin Orthop Relat Res. 2014 Jul;472(7):2113-9.

6. Melamed E, Polatsch DB. Partial lacerations of peripheral nerves. *J Hand Surg Am*. 2014. June;39(6):1201-3.
7. Gradl G, Neuhaus V, Fuchsberger T, Guitton TG, Prommersberger KJ, Ring D, Polatsch DB\*. Radiographic diagnosis of scapholunate dissociation among intra-articular fractures of the distal radius: interobserver reliability. *J Hand Surg Am*. 2013 Sep;38(9):1685-90.
8. Melamed E, Katz E, Polatsch DB. Pathologic Fracture of the Trapezoid Secondary to Intraosseous Ganglion. *J Hand Surg Eur Vol*. 2013 Jul 12
9. Hageman MG, Guitton TG, Ring D, Polatsch DB\*, et al. How surgeons make decisions when the evidence is inconclusive. *J Hand Surg Am*. 2013, June;38(6):1202-8.
10. Guitton TG, Ring D, Polatsch DB\*, Scapula Fractures: Interobserver Reliability of classification and treatment. *Journal Ortho Trauma*. 2013 May.
11. Hageman MG, Becker SJ, Bot AG, Guitton T, Ring D, Polatsch DB. Variation in recommendation for surgical treatment for compressive neuropathy. *J Hand Surg (Am)* 2013 May;38(5):856-62.
12. Guitton TG, Ring D, Polatsch DB\*, et al. How Surgeons decide when the evidence is inconclusive. *J Hand Surg (Am)* 2013 June;38(6):12-2-8.
13. Melone, Polatsch, Flink, Horak, Beldner. Scapholunate Interosseous Ligament Disruption in Professional Basketball Players: Treatment by Direct Repair and Dorsal Ligamentoplasty. *Hand Clin*. 2012 Aug;28(3):253:60.
14. Melone CP, Polatsch DB, Surgical Treatment of Scapholunate Dissociation in the Professional Basketball Player: Commentary. *Hand Clin*. 2012 Aug;28(3):265-6.
15. Melone, Polatsch, Beldner, Khorsandi. Volar Plate Repair for Post-Traumatic Hyperextension deformity of the Proximal Interphalangeal Joint. *American Journal of Orthopaedics*, 2010, Apr;39(4):190-4.

16. Melone CP Jr, Polatsch DB, Beldner S. Disabling hand injuries in boxing: boxer's knuckle and traumatic carpal boss. *Clin Sports Med.* 2009 Oct;28(4):609-21,vii.
17. Polatsch, Melone, Beldner, Incorvaia. Ulnar Nerve Anatomy. *Hand Clin.* 2007 Aug;23(3):283-9.
18. Polatsch, Paksima. Basal Joint Arthritis: Evaluation and Treatment. *Bull Hosp Jt Dis.* 2006;64(3-4):178-84.
19. Polatsch, Foster, MD, Posner, MD. An Unusual Rupture of the Flexor Carpi Radialis Tendon: A Case Report. *American Journal of Orthopaedics.* 2006(3):141-3.
20. Zuckerman JD, Shin SS, Polatsch DB, Schweitzer M. Concurrent bilateral femoral neck stress fractures and osteonecrosis of the hip. A case report. *J Bone Joint Surg Am.* 2006 Apr;88(4):857-60.
21. Shin, Polatsch, Rokito, Zuckerman. Posterior capsulorrhaphy for treatment of recurrent posterior glenohumeral instability. *Bull Hosp Jt Dis.* 2005;63(1-2):9-12.
22. Bong, Polatsch, Jazrawi, Rokito .Chronic exertional compartment syndrome: diagnosis and management. *Bull Hosp Jt Dis.* 2005;62(3-4):77-84.
23. Polatsch, Baskies, Homman, Egol, Koval. Tape Blisters That Develop After Hip Fracture Surgery: A Retrospective Series and a Review of the Literature. *American Journal of Orthopaedics.* 2004:452-6.
24. Elkowitz SJ, Kubiak EN, Polatsch D, et al. Comparison of two headless screw designs for fixation of capitellum fractures. *Bull Hosp Jt Dis.* 2003;61(3-4):123-6
25. Koval, Egol, Polatsch. Tape Blisters Following Hip Surgery: A Prospective, Randomized Study of Two Types of Tape. *J Bone Joint Surg Am*, 85-A(10), 1884-7, 2003.
26. Polatsch, Bong, Rokito. Severe Ulnar Neuropathy Following Anterior Subcutaneous Transposition of the Ulnar Nerve in a Collegiate Tennis Player *Am J Orthopedics*, 31(11):643-646, 2002.
27. Stein, Polatsch, Gidumal, Rose, Low-Energy Anterior Hip Dislocation in a Dancer: A Case Report and Literature Review. *Am J Orthopedics*, 31(10):591-594, 2002.
28. Elkowitz, Polatsch, Egol, Kummer, Koval. Capitellar Fractures: A Biomechanical Evaluation of Three Fixation Methods. *Journal of Orthopaedic Trauma*, 16:503-6, 2002.

29. Koval, Skovron, Polatsch, Ahronoff, Zuckerman, Dependency after Hip Fracture in Geriatric Patients: A Study of Predictive Factors. *Journal of Orthopaedic Trauma*, 10:531-5, 1996.
30. Koval, Polatsch, Kummer, Cheng, Zuckerman. Split Fractures of the Lateral Tibial Plateau: Evaluation of Three Fixation Methods. *Journal of Orthopaedic Trauma*, 10:304-308, 1996.

\* = As part of the Science of Variation Group (SOVG)

#### **BOOK CHAPTERS:**

1. Melone, Polatsch: MP Joint Soft Tissue Injuries of the finger. In: Carlson and Goldfarb (Editors), **Comprehensive Care of the High Level Athlete: A Master Skills Publication**, ASSH, Chicago IL, 2014
2. Melone, Polatsch, Pallotta, Beldner: **Traumatic Extensor Carpi Ulnaris Disruption: Subluxation, Dislocation, Rupture**. In: Slutzky (Editors). **Principles and Practice of Wrist Surgery**. Elsevier, 2009.
3. Polatsch & Jazrawi: **Residency Etiquette**. In: Jazrawi, DellaValle, Elbeshbeshy, Koval, Zuckerman (Editors). **Orthopaedic Residency: How to Get Into a Program and Succeed Once You're There**. NYU-Hospital for Joint Diseases/Green, New York, 2001.

#### **PRESENTATIONS:**

1. Polatsch. Fingertip Amputations and Replantation.  
*-Hand Surgery Update Course Faculty, Columbia University College of Physicians and Surgeons and New York Society for Surgery of the Hand, New York, NY, October 25, 2014.*
2. Polatsch DB. Fingertip Amputations, Ring Avulsions, and Replantation.  
*-Grand Rounds, Roosevelt Hospital, Department of Orthopedics, New York, NY, October 21, 2014.*
3. Isaac R, Polatsch DB, Beldner S, Melone CP. Arthrodesis of the carpal boss in combative athlete employing autologous bone grafting and kirshner wire fixation.  
*-Paper Presentation, New York Society for Surgery of the Hand, Residents and Fellows Night, New York, NY, May 13, 2014.*

4. Polatsch DB. Faculty

*-Elite Educational Series. Trauma Symposium. Distal Radius Fractures, Case Presentations, Cadaver Workshops, Miami, FLA, December 6, 2013.*

5. Polatsch DB. Fingertip Amputations, Ring Avulsions, and Replantation.

*-Grand Rounds, CV Starr Hand Surgery Fellowship Program, Roosevelt Hospital, New York, NY, October 22, 2013.*

6. Melamed E, Melone CP, Beldner S, Polatsch DB. An assessment of sleep disturbance in patients before and after carpal tunnel release.

*-Poster Presentation, American Society for Surgery of the Hands Annual Meeting, San Francisco, CA, October, 2013*

7. Melamed E, Melone CP, Beldner S, Polatsch DB. Articular reconstruction of the hand in diffuse systemic scleroderma (dSSC) – long term evaluation.

*-Paper Presentation, New York Society for Surgery of the Hand, Residents and Fellows Night, New York, NY, May, 14, 2013*

8. Polatsch. Faculty

*-Elite Educational Series. Trauma Symposium. Distal Radius Fractures, Case Presentations, Cadaver Workshops, Miami, FLA, February 8-9, 2012.*

9. Polatsch. Fingertip Amputations, Ring Avulsions, and Replantation.

*-Hand Surgery Update Course Faculty, Columbia University College of Physicians and Surgeons and New York Society for Surgery of the Hand, New York, NY, October 20, 2012*

10. Findling, Melone, Polatsch, Beldner. Delayed Flap Resurfacing for Digital Tip Amputations with Exposed Bone.

*-Paper Presentation, American Society for Surgery of the Hand Annual Meeting, Chicago, Illinois, 2012*

11. Findling, Melone, Polatsch, Beldner. Delayed Flap Resurfacing for Digital Tip Amputations with Exposed Bone.

*-Paper Presentation, New York Society for Surgery of the Hand, Residents and Fellows Night, New York, NY, May, 2012*



12. Polatsch, Daniel. The Snapping Finger.  
  
*- Doctors Demystify the Finger Joints. Roosevelt Hospital, New York, NY  
March 24, 2012*
  
13. Polatsch, Daniel. Finger and Hand Infections.  
  
*- Doctors Demystify the Finger Joints. Roosevelt Hospital, New York, NY  
March 24, 2012*
  
14. Melone, Beldner, Horak, Polatsch. Silicone Arthroplasty for Osteoarthritis of the PIP Joint Employing the Dorsal Approach: Mid to Long-Term Analysis.  
  
*-Paper Presentation, American Society for Surgery of the Hand Annual Meeting, Las Vegas, Nevada, 2011*
  
15. Melone, Beldner, Horak, Polatsch. Silicone Arthroplasty for Osteoarthritis of the PIP Joint Employing the Dorsal Approach: Mid to Long-Term Analysis.  
  
*-Paper Presentation, New York Society for Surgery of the Hand, Residents and Fellows Night, New York, NY, May, 2011*
  
16. Melone, Polatsch, Beldner, Ciaglia. Trapezium Excisional Arthroplasty with APL Stabilization for OA of Basal Joint – Long Term Analysis.  
  
*-Paper Presentation, American Society for Surgery of the Hand Annual Meeting, Boston, Massachusetts, 2010*
  
17. Polatsch DB. Advances in the treatment in Dupuytren’s Disease.  
  
*- Orthopaedic Grand Rounds, St. Joseph’s Regional Medical Center, Patterson, NJ, 1/11/11*
  
18. Melone, Polatsch, Beldner, Ciaglia. Trapezium Excisional Arthroplasty with APL Stabilization for OA of Basal Joint – Long Term Analysis.  
  
*- Paper Presentation, New York Society for Surgery of the Hand Residents and Fellows Night, New York, NY, 2010*
  
19. Melone, Beldner, Polatsch, Vallem. A Case Control Outcome Study of Distal Radius Fracture Using Volar Locking Plating System-Young Vs. Old Population,  
*-Paper Presentation, New York Society for Surgery of the Hand Annual Residents and Fellows Night, New York, NY, 5/12/2009*



20. Melone, Polatsch, Beldner, Pallotta. Chronic Extensor Carpi Ulnaris Instability in Professional Athletes.  
*-Poster Presentation, American Society for Surgery of the Hand Annual Meeting, Chicago, Illinois 2008*
21. Polatsch, Melone, Beldner, Khorsandi. Volar Plate Reconstruction for Chronic Post-Traumatic Hyperextension Deformity of the PIP Joint  
*-Paper Presentation, American Academy Orthopaedic Surgery Annual Meeting, Chicago, Illinois 2006*
22. Melone, Beldner, Polatsch, Finuoli. Silicone Arthroplasty for Osteoarthritis of the PIP Joint Employing the Dorsal Approach.  
*-Poster Presentation, American Academy Orthopaedic Surgery Annual Meeting Chicago, Illinois 2006*
23. Melone, Beldner, Polatsch, Finuoli. Silicone Arthroplasty for Osteoarthritis of the PIP Joint Employing the Dorsal Approach.  
*-Poster Presentation, American Society for Surgery of the Hand Annual Meeting, San Antonio, Texas 2005*
24. Melone, Beldner, Polatsch, Khorsandi. Volar Plate Reconstruction for Chronic Post-Traumatic Hyperextension Deformity of the PIP Joint  
*-Poster Presentation, American Society for Surgery of the Hand Annual Meeting, San Antonio, Texas 2005*
25. Melone, Beldner, Polatsch, Thomas. Digital Sympathectomy for Raynaud's Syndrome in Limited Cutaneous Systemic Sclerosis (CREST Syndrome).  
*-Paper Presentation, American Society for Surgery of the Hand Annual Meeting, New York, New York, 2004.*
26. Beldner, Polatsch, Finuoli, Melone. A Fluoroscopic Study to Determine the Accuracy of Intra-Articular Stepp-Off for Distal Radius Fractures  
*-Paper Presentation, American Society for Surgery of the Hand Annual Meeting, New York, New York, 2004.*
27. Stuart J. Elkowitz, MD; Daniel B. Polatsch, MD; Kenneth A. Egol, MD; *Kenneth J. Koval, MD*; Fixation of Unstable Capitellum Fractures: Effects of Screw Type and Orientation  
*-Poster Presentation, Annual Meeting of the Orthopaedic Trauma Association, Toronto, Ontario, 2003*
28. Polatsch, Elkowitz, Guttman, Rokito, Zuckerman. Posterior Capsulorrhaphy for Isolated Recurrent Posterior Shoulder Instability.  
*-Poster Presentation, Annual Meeting of the American Academy of Orthopaedic Surgeons, San Francisco, California, 2001.*

29. Polatsch, Guttman, Mohrman, Rokito, Rose, Raffi, Sherman. Diagnosis of Superior Labral Anterior Posterior (S.L.A.P.) Lesion: Correlation of Magnetic Resonance Imaging and Arthroscopic Findings.  
-*Scientific Paper Presentation, Annual Alumni Meeting New York University-Hospital for Joint Diseases Orthopaedic Institute, New York, 2000.*
30. Stein, Jeong, Polatsch, Puopolo, Paksima, Koval. Distal Radius Fractures: A Critical Look at Surgical Indications.  
-*Poster Presentation, Annual Meeting of the American Academy of Orthopaedic Surgeons, San Francisco, California, 2001*
31. Guttman, Jazrawi, Maurer, Polatsch, Rokito. Effect of Suture Augmentation on Rotator Cuff Tendon Repair: Biomechanical Testing in a Cadaveric Model.  
-*Poster Presentation, Annual Meeting of the American Academy of Orthopaedic Surgeons, San Francisco, California, 2001.*
32. Polatsch. Elbow Arthroscopy.  
-*Paper Presentation, Sports Medicine Conference, New York University - The Hospital for Joint Diseases Orthopaedic Institute, New York, NY, 1999.*
33. Polatsch, Posner. Basal Joint Arthritis: Evaluation and Treatment  
-*Paper Presentation, Ground Rounds, New York University - Hospital for Joint Diseases Orthopaedic Institute, New York, NY, 2002.*

## ACTIVITIES:

### Laurence Polatsch Memorial Fund

- Funds donated to Pediatric Hematology/Oncology at Mt. Sinai 2005
- Funds donated to Neonatology Program at NYU Medical Center 2006
- Funds donated to Pediatric Recovery Room at Beth Israel Medical Center 2007
- Funds donated to Autism Programs in NYC Metro Area 2008
- Funds donated to support a social work program treating pediatric patients suffering from Crohn's and Colitis at Mount Sinai Medical Center New York, NY. 2009
- Funds donated to various Multiple Sclerosis Research Centers 2010
- Funds donated to Juvenile Diabetes Research Foundation (JDRF) 2011
- Funds donated to fund the Laurence Polatsch Memorial Neurosurgical Fellowship in Pediatric Brain Tumors at New York University Medical Center, New York, NY. 2012
- Funds donated to benefit pediatric arthritis (Arthritis Foundation) 2013
- Funds to be donated to various Breast Cancer Organizations 2014

**GLS Memorial Fund - September 11<sup>th</sup> WTC Fund** 2001 - Present  
-*Annual Scholarships to the University of Michigan to the children of NYPD, Fireman and EMT.*

*-Board of Directors (Raised > \$900,000)*

<b>New York City High School Football - Staff Physician</b>	1997-2001
<b>Alvin Ailey Dance Theatre, New York, NY - Staff Physician</b>	1999-2001
<b>Residency Fund Committee</b>	1999-2003
<i>-NYU-The Hospital for Joint Diseases Residency Program</i>	
<b>Chairman Academic Judiciary Board</b>	1993
<i>-University of Michigan, Ann Arbor, MI</i>	
<b>Member Academic Judiciary Board</b>	1991-1993
<i>-University of Michigan, Ann Arbor, MI</i>	

**HOBBIES AND EXTRACURRICULAR ACTIVITIES:**

Golf, Running, Travel